

SHAPE Up!

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Carol M. White Physical Education Program Grant

New Albany School District staff members, charged with the planning and implementation of the Carol M. White Physical Education Grant, recently met with Dr. Sean King and Dr. Jeffrey Hallam to discuss all the aspects of the implementation process.

This grant, along with the J. D. Bower and Project Fitness America grants will serve the health and fitness needs of all students and staff within the school district. The group also toured the elementary, middle, and high school facilities and met with administration at each site. King serves as Assistant Professor at Union University in Jackson, Tennessee. Hallam serves as Associate Professor of Health Promotion and Director of the Center for Health Behavior Research at the University of Mississippi. Dr. King will serve as an instructional specialist and Dr. Hallam will be the external evaluator for the grant. Pictured are front row (l-r): Tammie Reeder, School Health Coordinator; Melanie Shannon, Public Relations/Grant Coordinator; Lecia Stubblefield, Director of Federal Programs, Curriculum, & Transportation and Project Director for the grant; Back row (l-r): Dr. King; Robbins Rogers, NAES Fitness Assessment Technician/Health & Wellness Coordinator; Joe Dan Roberts NAMS/NAHS Fitness Assessment Technician/Health & Wellness Coordinator; Dr. Hallam.



SHAPE Up! Planning Team

**NAMS/NAHS
Fitness
Assessment
Technician/Health
& Wellness
Coordinator**



Coach Roberts is a 1996 graduate of Pontotoc High School where he lettered in basketball. He attended Northeast Mississippi Community College and Mississippi College where he played basketball. Roberts received his Bachelor of Arts degree from the University of Mississippi. Coach Roberts is also serving as Assistant Boys' Basketball at NAHS. "I'm extremely excited to be here at NA," Roberts said. "The Carol M. White SHAPE Up! Grant is a tremendous opportunity for all students and faculty, as well as the citizens of New Albany to learn the importance of maintaining physical fitness so we can all lead longer, healthier lives."

NAES Fitness Assessment Technician/Health & Wellness Coordinator



Mr. Rogers is a 2004 honor graduate of New Albany High School. His honors included being a Rotary Scholar and attaining the rank of Eagle Scout in Boy Scouting. Mr. Rogers is a 2009 graduate of the

University of Mississippi where received his Bachelor of Arts in Education degree. "I am extremely excited I have been given the opportunity to return to my home town of New Albany to begin my teaching

career," Rogers said. "Due to my familiarity with the New Albany community, I feel confident in saying that the New Albany School District is second to none, and it is a privilege to be involved in such a supportive and welcoming atmosphere."

A Message from the Program Director

I am extremely excited to serve as the Project Director for the Carol M. White Physical Education Program Grant. This grant is designed to provide the funding necessary to take our physical education program to a higher level.

We are in the early stages of implementing the grant but have made much progress. We are happy to welcome two new employees to the New Albany School District to serve as Fitness Assessment Technicians/Health & Wellness Coordinators. Robbins Rogers will serve in this capacity at New Albany Elementary School while Joe Dan Roberts will serve at both New Albany Middle and New Albany High Schools. We are also fortunate to have Dr. Sean King and Dr. Jeffrey Hallam providing contractual services for the grant. Dr. King currently serves as an Associate Professor at Union University and will be the instructional specialist and Dr. Hallam currently serves as Associate Professor of Health Promotion at the University of Mississippi and will be external evaluator for the grant.

We have begun purchasing supplies and equipment. Equipment to encourage the development of fine and gross motor skills such as a balance beam, moon shoes, and a Sensabalance ball pit have been purchased for the Special Education classes at NAES. As our curriculum is developed, we will begin to purchase the needed equipment for the Elementary, Middle, and High Schools.

We look forward to continuing through the grant process and implementing programs which will lead to a lifetime of health and fitness for our students and their families.

Lecia Stubblefield

Director of Federal Programs, Curriculum,
& Transportation

Carol M. White Physical Education Program Grant

A Message from the Superintendent

This summer the New Albany School District received notification that they had been awarded the Carol M. White Physical Education Program Grant. New Albany Schools was the only school district in the state to receive this prestigious and competitive grant award.

The purpose of the Carol M. White Physical Education Program is to provide funds to educational agencies to initiate, expand, and improve physical education programs for students in grades K-12. In order to receive funding, each applicant must design and implement a program that clearly aligns to state standards for physical education.

I am excited about the positive impact the federal grant money will have not only on our school district, but on the entire community. It is my hope that the students and the community will learn healthy habits such as better nutrition and lifetime fitness.

Charles Garrett, Ed. D.

Superintendent



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www.newalbanyschools.us

THANK YOU!

Special thanks to the following agencies and individuals who wrote letters of support and made phone calls on behalf of the New Albany School District to help secure federal funding through the Carol M. White Physical Education Program Grant:

Senator Thad Cochran and staff

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Congressman Travis Childers and staff

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New Albany School District Faculty, Staff, and Administration