

New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

Page 1

Generated on: 12/15/2017 9:50:40 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/08/2018												
New Albany High												
	Total											
Steak Fingers, Baked MS180 HS	5 each	363	600	3.38	50.0	1.5	*N/A*	18.75	18.75	23.75	6.25	0.00
Corn Dog Nuggets MS406	6 nuggets	271	412	1.81	150.7	0.0	5	10.05	30.15	12.06	3.52	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Lima Beans Dried CanMS1005	1/2 cup	145	185	1.30	24.0	0.0	*0	7.24	21.65	1.96	0.61	0.00
Potatoes Diced (Parsley#1082)	1/2 cup	92	391	2.04	17.4	5.94	*0	1.54	13.51	3.8	1.67	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Toast, Garlic WW MS1351	1 slice	100	170	1.08	0.0	0.0	*N/A*	4.0	15.0	2.5	0.50	0.00
Vanilla Pudding MS1486	1/2 cup	128	193	0.02	61.2	1.4	19	2.06	27.43	1.02	1.01	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		642	834	4.34	215.2	85.04	*11	22.27	92.38	20.67	6.04	0.00
% of Calories							*6.6%	13.9%	57.6%	29.0%	8.5%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/09/2018												
New Albany High	Total											
Chicken Nuggets Bkd MS532 HSMS	6 nuggets	260	540	2.16	30.0	0.0	0	19.5	15.0	13.84	2.83	0.01
Beef -A- Roni MS114	3/4 cup	294	389	3.31	120.9	10.18	6	17.04	26.0	14.23	5.68	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Mashed Potatoes MS1078	1/2 cup	91	83	0.58	17.8	16.45	2	2.35	15.67	2.29	1.04	0.00
Green Peas, Canned MS1071	1/2 cup	97	140	1.07	24.4	6.26	*0	4.66	14.26	2.29	0.94	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	160	125	1.44	0.0	6.0	7	4.0	29.0	3.0	0.50	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	45	127	0.24	6.7	0.4	*1	0.0	7.0	2.0	0.33	0.00
Weighted Daily Average		786	1217	5.04	226.3	96.57	*19	29.14	119.56	22.13	5.37	0.01
% of Calories							*9.8%	14.8%	60.9%	25.4%	6.2%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/10/2018												
New Albany High	Total											
BBQ PORK NACHOS	Serving	524	676	1.65	75.4	2.44	*6	29.83	35.14	28.93	10.68	0.00
Chicken and Noodles MS524 **	1 cup	219	265	1.93	55.1	1.97	3	22.42	20.74	4.97	1.79	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Baked Beans MS1000	1/2 cup	163	186	1.93	59.6	2.46	*12	7.13	36.85	0.7	0.13	0.00
Sweet Potato Fries,Bkd MS1099	1/2 cup	110	119	0.55	26.1	0.39	7	0.85	17.79	6.78	0.85	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fruit Crisp MS1412	1 serving	273	157	2.06	28.7	1.17	*27	2.47	45.51	9.5	4.15	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Assorted Gelatin, No TopMS1454	1/2 cup	75	63	0.01	2.3	12.89	*0	1.07	18.26	0.0	0.00	0.00
Crackers, Saltine WGR MS1369	3 2-count packs	0	0	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		823	1065	4.30	265.1	80.01	*31	33.46	119.61	24.40	9.05	0.00
% of Calories							*15.2%	16.3%	58.1%	26.7%	9.9%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
Thu - 01/11/2018													
New Albany High													
	Total												
	Chicken Alfredo With A Twist *	1 cup	386	1128	*1.34	*375.9	*0.02	*7	29.65	38.17	13.08	7.45	0.00
	Fish Sandwich Baked MS750	1 each	320	550	2.16	60.0	0.0	5	19.0	41.0	10.0	1.50	0.00
	Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
	Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
	Confetti Coleslaw MS1114	1/2 cup	22	98	0.32	24.3	16.81	*2	0.74	5.65	0.15	0.02	0.00
	Green Beans, Canned, MS1036	1/2 cup	41	91	1.20	24.9	1.82	*1	1.3	4.45	1.79	0.21	0.00
	Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
	Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
	Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
	Toast, Garlic WW MS1351	1 slice	100	170	1.08	0.0	0.0	*N/A*	4.0	15.0	2.5	0.50	0.00
	Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
	Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
	Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
	Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
	Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
	Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
	Weighted Daily Average		626	1300	*2.97	*415.8	*75.74	*16	30.65	96.46	14.07	6.35	0.00
	% of Calories							*10.5%	19.6%	61.7%	20.2%	9.1%	0.0%
	Nutrient Guideline		750-850	1420								<10.00	

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New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/12/2018												
New Albany High	Total											
Pizza, WGR, Cheese, MS310**	1 slice	270	800	5.40	250.0	0.0	5	15.0	32.0	10.0	3.00	0.00
Yogurt Parfait, NAS MS1691 ***	1 parfait	650	461	3.94	132.3	66.59	*40	13.38	125.37	14.06	3.05	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Whole Kernel Corn, CND, MS1032	1/2 cup	101	133	0.75	5.2	0.73	4	2.76	19.66	2.75	0.99	0.00
Black-Eyed Peas DryCMS1006	1/2 cup	135	161	2.02	22.5	1.35	*0	10.15	23.66	0.59	0.01	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	31	145	0.63	36.0	13.62	4	1.18	6.03	0.12	0.02	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	120	100	0.36	0.0	0.0	9	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		660	970	6.07	375.0	114.06	*21	21.21	119.98	12.11	3.77	0.00
% of Calories							*12.6%	12.9%	72.7%	16.5%	5.1%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

Mon - 01/15/2018												
New Albany High Holiday	Total 1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average		*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories								*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline		750-850	1420								<10.00	

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Tue - 01/16/2018												
New Albany High												
	Total											
Chicken Fajitas Com MS527	1 fajita	196	893	*0.22	*255.5	*15.66	3	22.41	6.51	9.26	5.61	*0.00
Chili Dog MS742	1 each	403	1014	2.67	73.0	4.64	6	16.44	30.94	24.01	8.25	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Corn on Cob, 5 inch, MC1025	1 cob	92	29	0.00	0.0	1.95	3	2.71	18.41	2.59	0.81	0.00
Broccoli Spears, Steamed MS1014	1/2 cup	39	102	0.50	41.7	32.74	1	2.53	4.38	1.87	0.82	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl Variety MS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, Asst MS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Assorted Gelatin, No Top MS1454	1/2 cup	75	63	0.01	2.3	12.89	*0	1.07	18.26	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt. PF MS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		489	1141	*2.18	*302.0	*53.95	*16	24.82	61.09	17.28	7.01	*0.00
% of Calories							*12.8%	20.3%	50.0%	31.8%	12.9%	*0.0%
Nutrient Guideline		750-850	1420								<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/17/2018												
New Albany High	Total											
BBQ Pork Sandwich Pur MS716	1 each	236	627	2.27	40.0	1.13	*8	19.0	31.09	4.0	0.50	9.00
Grilled Chicken Sandwich MS764	1 each	296	838	2.30	65.6	3.15	6	24.29	31.21	7.05	1.51	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Baked Beans MS1000	1/2 cup	163	186	1.93	59.6	2.46	*12	7.13	36.85	0.7	0.13	0.00
Confetti Coleslaw MS1114	1/2 cup	22	98	0.32	24.3	16.81	*2	0.74	5.65	0.15	0.02	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fruit Crisp MS1412	1 serving	273	157	2.06	28.7	1.17	*27	2.47	45.51	9.5	4.15	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		604	1116	4.41	224.3	72.71	*29	27.72	97.66	11.81	3.77	3.54
% of Calories							*19.1%	18.3%	64.6%	17.6%	5.6%	5.3%
Nutrient Guideline		750-850	1420								<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

Page 8

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/18/2018												
New Albany High	Total											
Chicken Tenders Bkd MS546 HSMS	4 tenders	333	920	1.92	26.7	1.6	0	29.33	22.67	14.67	2.67	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Mashed Potatoes MS1078	1/2 cup	91	83	0.58	17.8	16.45	2	2.35	15.67	2.29	1.04	0.00
Green Peas, Canned MS1071	1/2 cup	97	140	1.07	24.4	6.26	*0	4.66	14.26	2.29	0.94	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Brownies, Mix, Enriched MS1400	1 piece	140	130	1.08	150.2	0.0	17	1.0	26.01	4.0	1.00	0.00
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	160	125	1.44	0.0	6.0	7	4.0	29.0	3.0	0.50	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	45	127	0.24	6.7	0.4	*1	0.0	7.0	2.0	0.33	0.00
Weighted Daily Average		795	1384	4.75	201.4	82.71	*19	38.29	113.42	21.72	4.78	0.00
% of Calories							*9.4%	19.3%	57.1%	24.6%	5.4%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/19/2018												
New Albany High												
	Total											
	Pizza, WGR, Cheese, MS310**	270	800	5.40	250.0	0.0	5	15.0	32.0	10.0	3.00	0.00
	Yogurt Parfait, NAS MS1691 ***	650	461	3.94	132.3	66.59	*40	13.38	125.37	14.06	3.05	0.00
	Ham&Cheese on WG Hoagie MS766	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
	Lima Beans Dried CanMS1005	145	185	1.30	24.0	0.0	*0	7.24	21.65	1.96	0.61	0.00
	Glazed Carrots MS1018	56	93	0.45	26.4	2.45	6	1.03	9.28	1.87	0.82	0.00
	Tossed Salad w/Drsg MS1126	31	145	0.63	36.0	13.62	4	1.18	6.03	0.12	0.02	0.00
	Fresh Fruit Cup MS1250	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
	Fresh Fruit Bowl VarietyMS1244	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
	Fruit Juice, AsstMS1246 6 oz	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
	Cookie,Chocolate ChipPurMS1428	120	95	0.72	0.0	0.0	9	1.0	16.0	6.0	3.00	0.00
	Milk, FF Choc 1/2 pt.PF MS1700	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
	Milk, LF White 1/2 pt,PFMS1708	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
	Ketchup PC MS1528	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
	Mustard, PC, MS1538	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
	Mayonnaise PC Reduce Ft MS1534	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
	Sauce, Hot, PC MS1552	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
	Weighted Daily Average	573	771	5.11	351.9	86.64	*21	18.58	104.00	10.20	3.13	0.00
	% of Calories						*14.7%	13.0%	72.6%	16.0%	4.9%	0.0%
	Nutrient Guideline	750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/22/2018												
New Albany High												
	Total											
Country Fried Stk MS136GravHS*	1 patty	332	410	2.18	29.8	0.0	5	14.5	15.45	23.4	9.10	0.00
Mexican Burrito Pur MS166	1 each	347	788	3.59	145.0	7.16	3	18.71	41.86	12.56	5.23	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Mashed Potatoes MS1078	1/2 cup	91	83	0.58	17.8	16.45	2	2.35	15.67	2.29	1.04	0.00
Mixed Vegetables MS1060	1/2 cup	77	215	0.40	0.6	3.66	*0	3.04	12.18	1.79	0.81	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Chocolate Pudding MS1474	1/2 cup	111	159	0.00	59.5	0.0	*1	1.99	23.78	0.96	0.96	0.00
Biscuit, 2WGR, MS1602	1 biscuit	180	330	1.44	80.0	0.0	3	4.0	27.0	7.0	2.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Sauce, Variety,DippingPCMS1562	1 packet	45	127	0.24	6.7	0.4	*1	0.0	7.0	2.0	0.33	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		848	1148	4.68	254.5	72.84	*18	24.03	113.90	33.65	12.22	0.00
% of Calories							*8.3%	11.3%	53.8%	35.7%	13.0%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/23/2018												
New Albany High	Total											
Chicken Spaghetti MS542	3/4 cup	307	423	2.39	26.8	6.24	3	26.22	37.41	5.68	1.78	0.00
Corn Dog Nuggets MS406	6 nuggets	271	412	1.81	150.7	0.0	5	10.05	30.15	12.06	3.52	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Field Peas, Frozen MS1068	1/2 cup	121	157	1.45	21.1	0.0	*0	8.06	21.17	1.01	0.00	0.00
Green Beans, Canned, MS1036	1/2 cup	41	91	1.20	24.9	1.82	*1	1.3	4.45	1.79	0.21	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Toast, Garlic WW MS1351	1 slice	100	170	1.08	0.0	0.0	*N/A*	4.0	15.0	2.5	0.50	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Weighted Daily Average		635	850	4.66	254.6	74.25	*13	24.59	102.93	13.80	3.59	0.00
% of Calories							*8.5%	15.5%	64.8%	19.5%	5.1%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

Page 12

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/24/2018												
New Albany High	Total											
Taco Salad MS w/chips	1 serving	310	705	3.26	120.1	11.87	4	15.68	26.84	16.2	5.52	0.00
Loaded Potato Chix & Ham MS559	1 serving	183	409	0.60	123.5	0.66	1	14.3	1.75	13.25	7.24	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Whole Kernel Corn, CND, MS1032	1/2 cup	101	133	0.75	5.2	0.73	4	2.76	19.66	2.75	0.99	0.00
Green Peas, Canned MS1071	1/2 cup	97	140	1.07	24.4	6.26	*0	4.66	14.26	2.29	0.94	0.00
Glazed Carrots MS1018	1/2 cup	56	93	0.45	26.4	2.45	6	1.03	9.28	1.87	0.82	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Bread/Mozz. Cheese St 2 MS926	2 breadsticks	300	520	2.16	400.0	0.0	4	18.0	30.0	12.0	5.00	0.00
Assorted Gelatin, No TopMS1454	1/2 cup	75	63	0.01	2.3	12.89	*0	1.07	18.26	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		634	1087	4.71	244.1	79.06	*16	23.09	95.11	19.87	6.94	0.00
% of Calories							*10.1%	14.6%	60.0%	28.2%	9.9%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/25/2018												
New Albany High												
	Total											
Chicken Patty Sand Baked MS732	1 each	360	768	2.66	65.6	4.35	4	20.29	39.21	14.28	2.24	0.02
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Potato Infinity Fry,BakeMS1092	3/4 cup	198	360	0.00	0.0	4.32	0	1.8	34.2	6.3	0.90	0.00
California Vegetables MS1054	1/2 cup	50	58	0.41	22.7	23.81	3	2.27	5.67	1.78	0.81	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Vanilla Pudding MS1486	1/2 cup	128	193	0.02	61.2	1.4	19	2.06	27.43	1.02	1.01	0.00
Brownies, Mix, Enriched MS1400	1 piece	140	130	1.08	150.2	0.0	17	1.0	26.01	4.0	1.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		629	1092	2.53	184.8	83.63	*13	20.08	103.69	15.53	2.79	0.01
% of Calories							*8.5%	12.8%	66.0%	22.2%	4.0%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/26/2018												
New Albany High												
	Total											
	Pizza, WGR, Cheese, MS310**	270	800	5.40	250.0	0.0	5	15.0	32.0	10.0	3.00	0.00
	Yogurt Parfait, NAS MS1691 ***	650	461	3.94	132.3	66.59	*40	13.38	125.37	14.06	3.05	0.00
	Ham&Cheese on WG Hoagie MS766	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
	Whole Kernel Corn, CND, MS1032	101	133	0.75	5.2	0.73	4	2.76	19.66	2.75	0.99	0.00
	Lima Beans Dried CanMS1005	145	185	1.30	24.0	0.0	*0	7.24	21.65	1.96	0.61	0.00
	Tossed Salad w/Drsg MS1126 ES*	63	289	1.26	72.1	27.25	7	2.35	12.07	0.25	0.03	0.00
	Fresh Fruit Cup MS1250	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
	Fresh Fruit Bowl VarietyMS1244	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
	Fruit Juice, AsstMS1246 6 oz	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
	Cookie,Chocolate ChipPurMS1428	120	95	0.72	0.0	0.0	9	1.0	16.0	6.0	3.00	0.00
	Milk, FF Choc 1/2 pt.PF MS1700	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
	Milk, LF White 1/2 pt,PFMS1708	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
	Ketchup PC MS1528	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
	Mustard, PC, MS1538	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
	Mayonnaise PC Reduce Ft MS1534	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
	Sauce, Hot, PC MS1552	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
	Weighted Daily Average	576	1048	6.36	383.6	74.73	*18	21.92	97.32	12.46	3.96	0.00
	% of Calories						*12.3%	15.2%	67.6%	19.5%	6.2%	0.0%
	Nutrient Guideline	750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/29/2018												
New Albany High												
	Total											
Steak Fingers, Baked MS180 HS	5 each	363	600	3.38	50.0	1.5	*N/A*	18.75	18.75	23.75	6.25	0.00
Corn Dog MS744	1 each	247	668	1.38	22.9	*N/A*	9	13.79	27.08	9.3	2.47	0.02
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Lima Beans Dried CanMS1005	1/2 cup	145	185	1.30	24.0	0.0	*0	7.24	21.65	1.96	0.61	0.00
Sweet Potato Fries,Bkd MS1099	1/2 cup	110	119	0.55	26.1	0.39	7	0.85	17.79	6.78	0.85	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Bread/Mozz. Cheese St 2 MS926	2 breadsticks	300	520	2.16	400.0	0.0	4	18.0	30.0	12.0	5.00	0.00
Assorted Gelatin, No TopMS1454	1/2 cup	75	63	0.01	2.3	12.89	*0	1.07	18.26	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		520	646	2.90	107.6	83.24	*8	17.87	76.54	16.13	4.33	0.01
% of Calories							*6.1%	13.7%	58.8%	27.9%	7.5%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/30/2018												
New Albany High	Total											
Macaroni&Cheese,Ham SliceMS412	1 serving	418	972	2.06	410.6	1.1	8	25.36	34.16	19.94	11.12	0.00
Philly Cheese Steak SandMS781	1 each	308	824	2.96	61.9	24.84	*6	18.05	31.29	12.71	4.61	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Mustard Greens, Frozen, MS1047	1/2 CUP	34	52	0.67	72.2	4.35	0	1.94	2.77	1.05	0.11	0.00
Potatoes Diced (Parsley#1082)	1/2 cup	92	391	2.04	17.4	5.94	*0	1.54	13.51	3.8	1.67	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Cornbread 2 WG MS1301	1 piece	205	586	1.63	194.7	0.36	7	6.09	35.42	4.89	1.82	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		609	1067	3.59	345.1	92.08	*12	25.15	87.58	17.95	8.88	0.00
% of Calories							*7.6%	16.5%	57.5%	26.5%	13.1%	0.0%
Nutrient Guideline		750-850	1420								<10.00	

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/31/2018												
New Albany High	Total											
Chicken Mandarin MS570 w/rice	1 Serving	311	380	2.80	0.9	0.0	*13	16.19	51.72	4.18	1.05	*0.00
Fish Nuggets,Baked MS202/Hush*	5 nuggets	324	482	1.60	39.0	0.42	1	19.45	31.28	13.69	2.22	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	322	1084	2.32	105.6	2.55	*7	22.74	32.31	12.54	6.16	0.00
Chef Salad, MS600 w/6 crackers	1 salad	383	1646	4.69	135.7	31.24	*9	20.59	43.28	16.34	4.88	0.00
Whole Kernel Corn, CND, MS1032	1/2 cup	101	133	0.75	5.2	0.73	4	2.76	19.66	2.75	0.99	0.00
Confetti Coleslaw MS1114	1/2 cup	22	98	0.32	24.3	16.81	*2	0.74	5.65	0.15	0.02	0.00
Fresh Fruit Cup MS1250	1/2 cup	64	3	0.29	8.2	5.41	*0	0.58	16.48	0.17	0.04	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	84	1	0.22	20.1	23.13	*1	0.87	21.72	0.24	0.05	0.00
Fruit Juice, AsstMS1246 6 oz	6 oz.	180	0	0.54	0.0	97.2	*N/A*	0.0	43.0	0.0	0.00	0.00
Toast, Garlic WW MS1351	1 slice	100	170	1.08	0.0	0.0	*N/A*	4.0	15.0	2.5	0.50	0.00
Hushpuppies-Purchase MS1332	2 each	105	199	0.84	34.4	0.91	*N/A*	1.57	14.02	4.96	0.72	*N/A*
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	130	180	0.00	300.0	0.0	22	8.0	24.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	108	129	0.00	322.8	1.29	12	8.61	11.83	2.69	1.61	0.00
Ketchup PC MS1528	1 packet	10	85	0.00	0.0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Mustard, PC, MS1538	1 packet	5	85	0.00	0.0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	40	90	0.00	0.0	0.0	*N/A*	0.0	1.0	4.0	0.50	0.00
Sauce, Hot, PC MS1552	1 packet	0	65	0.00	0.0	1.2	0	0.0	0.0	0.0	0.00	0.00
Sauce, Tartar, PC MS1560	1 packet	25	115	0.00	0.0	0.0	1	0.0	2.0	2.5	0.00	0.00
Weighted Daily Average		597	764	3.95	98.4	77.68	*14	23.29	101.16	11.63	2.82	*0.00
% of Calories							*9.1%	15.6%	67.8%	17.5%	4.2%	*0.0%
Nutrient Guideline		750-850	1420								<10.00	
Weighted Average		614	972	*3.97	*247.2	*76.89	*16	23.62	94.52	16.36	5.21	*0.14
							*23.9%	15.4%	61.6%	24.0%	7.6%	*0.2%

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New Albany Schools

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

New Albany High

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Sodm (mg)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall		Overage						
Calories	614		750 - 850	82%		136								Correction Required - Calories are Low
Sodium (mg)	972		1420											
Iron (mg)	3.97				Missing									
Calcium (mg)	247.2				Missing									
Sugars (g)	16	10.61%			Missing									
Vitamin C (mg)	76.89				Missing									
Protein (g)	23.62	15.40%												
Carbohydrate (g)	94.52	61.62%												
Total Fat (g)	16.36	23.99%												
Saturated Fat (g)	5.21	7.64%	<10.00%											
Trans Fat ¹ (g)	0.14	0.21%			Missing									

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